





The Dark Side of Hookup Culture

Emotional consequences of casual sex often include regret and discomfort among POC LGBTQ participants. Many respondents expressed dissatisfaction due to loneliness and lack of substantial connection. "Most respondents said that they would feel regretful, used, or uncomfortable." (Bailey, p. 10)

"Most respondents reported emotional-based reasons why they left hookup apps, including feeling lonely and a selflove transformation." (Bailey, p. 10)

"Women may forego condom use to secure emotional attachment, increase relational intimacy or avoid rejection from their partners." (Jenkins Hall & Tanner, p. 11)

"The expectation to avoid emotional attachment is disproportionately burdensome on women, leading to feelings of shame and emotional confusion." (Jenkins Hall, W., & Tanner, A. E. (2016))

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Interview from a student at the UofR









